

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: LZV

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Felies Jürgen

Coaches: Van Mieghem Evelien HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 29: 200M FREESTYLE MEN 13+ Heat:6, starttime: 14:39

Heat: 6/10 Lane : 5 Athlete: VAN LAERE JUUL Q-time: 02:14:28

PB (25m pool): 02:14.28 Eeklo 06/04/2026 PB (50m pool): 02:14.24 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.99		01:04.73		no time		02:14.28
	00:29.99		00:34.74					
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+ Heat:6, starttime: 14:39

Heat: 6/10 Lane : 8 Athlete: VERHENNE TIM Q-time: 02:16:44

PB (25m pool): 02:16.44 Sint-Amandsberg 19/10/2025 PB (50m pool): 02:11.66 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.38		01:06.27		01:41.90		02:16.44
	00:31.38		00:34.89		00:35.63		00:34.54	
								

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+ Heat:4, starttime: 16:10

Heat: 4/11 Lane : 2 Athlete: VERHENNE TIM Q-time: 00:29:35

PB (25m pool): 00:29.35 Lokeren 28/09/2025 PB (50m pool): 00:28.58 SB: no time

	2 5 M	5 0 M	
PB		00:29.35	
	00:29.35		
			

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: LZV

Event number: 35: 50M FREESTYLE MEN 13+			Heat:9, starttime: 16:15
Heat: 9/11 Lane : 1 Athlete: VAN LAERE JUUL			Q-time: 00:26:50
PB (25m pool): 00:26.50 Durmehal 28/02/2026			PB (50m pool): 00:27.12 SB: no time
	2 5 M	5 0 M	
PB		00:26.50	
		00:26.50	
			

Coach feedback:

Event number: 36: 50M BREASTSTROKE WOMEN 13+			Heat:4, starttime: 16:22
Heat: 4/5 Lane : 3 Athlete: GOOSSENS TARA			Q-time: 00:37:02
PB (25m pool): 00:37.02 Durmehal 28/02/2026			PB (50m pool): 00:36.86 SB: no time
	2 5 M	5 0 M	
PB		00:37.02	
		00:37.02	
			

Coach feedback: